

HANDBOOK



March 23 / 24, 2024



Interclub Competition for
Synchronized Skating

Icerink Hoechststadt a.d. Aisch

www.bavariacup.eu

Dear Teams,

We are very happy to welcome you to the 2nd Bavaria Cup 2024!

Amazingly, for our second competition we expect 58 teams from 9 nations here in Höchststadt. Good luck to all teams and enjoy your stay in beautiful Bavaria.

Your organizing committee:

Nadja Müller

(1st president ESC sports club, organization)

Trixi Meier

(2nd president ESC sports club, organization)

Susanne Schöne

(organization, communication)

Claudia Gallwitz

(public relation, social media)

Mareen Eisenmann

(ESC sports club, homepage, organization)



with sporty support from the city of Höchststadt (in the center of the picture: Mayor Gerald Brehm).

Competition / (Un)official practice:

Icerink Höchststadt a.d. Aisch

Kieferndorfer Weg 77, 91315 Höchststadt

The ice rink in Höchststadt a.d. Aisch is located at Kieferndorfer Weg 77, not far from the town center of Höchststadt. Easy to be reached: 5 minutes by car from the highway exit (highway A3 #80). The nearby larger cities of Nuremberg, Erlangen or Forchheim are only a 20 to 30 minutes drive away. Nuremberg has an international airport NUE (www.airport-nuernberg.de/english).

The ice rink of Höchststadt a.d. Aisch has a total capacity of 2000 people. The ice surface has a size of 29.7 m x 59.7 m. At the moment it is a semi-closed, **unheated building**. **Warm clothes and blankets are definitely an advantage. You might want to bring a seat cushion along to sit on.** The extensive renovation of the ice rink began in summer 2023 and is due to be completed by 2025. The entire building will be completely renewed: it receives a new roof, will be completely closed and equipped with a new ice technology for over 15 Mio. €. Construction work has so far mainly taken place outside the ice rink. Despite the circumstances, we will do everything possible to prepare the outdoor facilities especially beautiful for all teams in order to offer an unforgettable experience for all.



Registration:

Competition office

Icerink Höchststadt a.d. Aisch, Kieferndorfer Weg 77, 91315 Höchststadt

Friday	March 22, 2024:	11:00 – 18:00
Saturday	March 23, 2024:	06:30 – 14:00
Sunday	March 24, 2024:	06:30 – 12:00

Communication:

News, results and other information will be posted on our homepage (www.bavariacup.eu) and in the Sportity app (bc2024). If you need a print copy, please come to our office.

**Protocols:**

Protocols will also be uploaded to the homepage: www.bavariacup.eu and in the Sportity app.

Draw:

The starting order for the competition will be drawn LIVE prior to the event on Wednesday 20th March at 20:00. The result of the draw will be published on the competition website and in the app no later than 23:59 on Wednesday, March 20, 2024.

TV Livestream:

We proudly provide a world-wide livestream free of charge. The event will be streamed via Sportdeutschland.TV. The streaming link will be published on the Bavaria Cup homepage and in the app.

Extra practice ice on Friday, March 22, 2024:

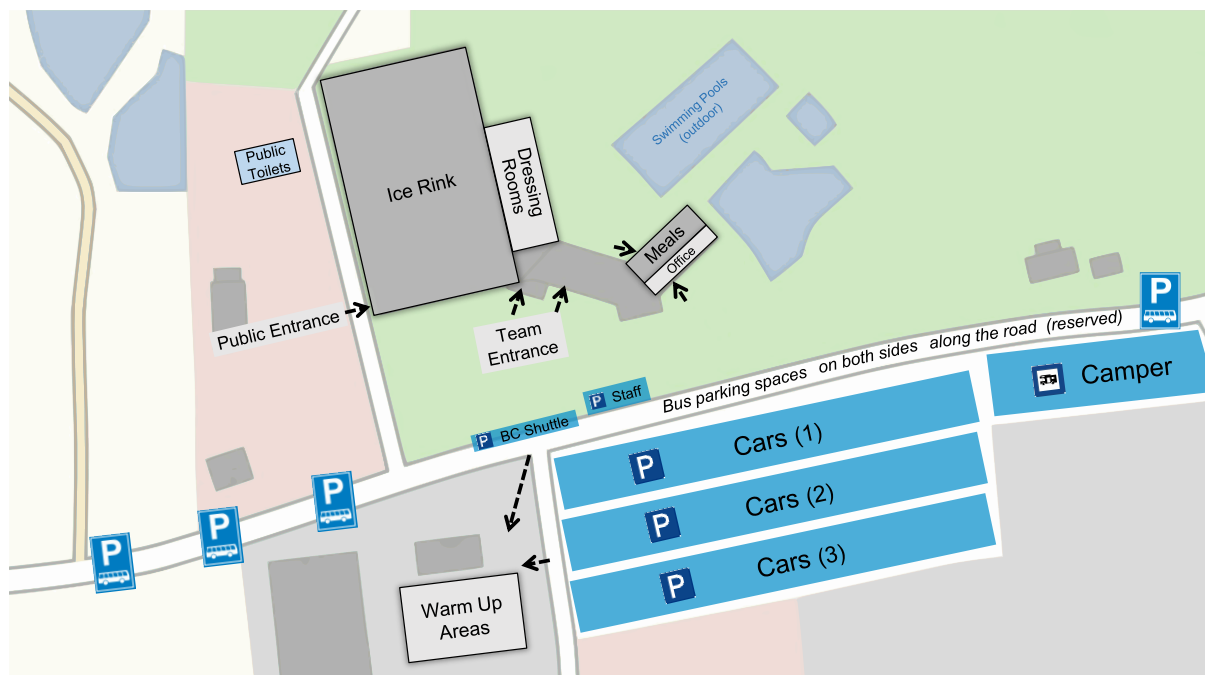
The extra practice schedule has been sent to the teams concerned. The music can be played with a music reproduction device (Bluetooth/Aux [mobile phone]) directly at the ice by the team.

Parking for cars/buses/camper:

There will be extra bus parking lots on both sides of the road of Kieferndorfer Weg reserved only for team buses. Volunteers will be there when you arrive to arrange parking. For teams travelling with cars, please use the parking lot for cars 1-3. **Please do not enter car parking 1-3 with team buses.** There is also a reserved parking slot for campers (no electricity etc.). All parking slots can be seen in the following picture, which gives an overview of the whole area.

Parking for official panel/VIPs/volunteers:

Due to the reconstruction work outside the station, there is no extra parking lot for the panel/VIPs/volunteers this year. Please make sure not to park on the marked parking lots for employees and our shuttle cars.



Meals:

Meals for teams who reserved their meal tickets in advance will be provided at the restaurant of the sport centre ("Freibadgaststätte") on both competition days. Due to the amount of teams, we will have a schedule for mealtimes which will be published on the homepage/in the app. Please, stay informed at the OC office.

- Lunch: 11:00 – 14:00
- Dinner: 17:00 – 20:00

Places to rest & to do hair/make-up:

As it will be two long days for everyone we try to provide space for teams to rest, do hair and make-up in heated rooms/tents depending on the weather conditions. We will publish the rooms and schedule shortly before the competition via the Sportity app.

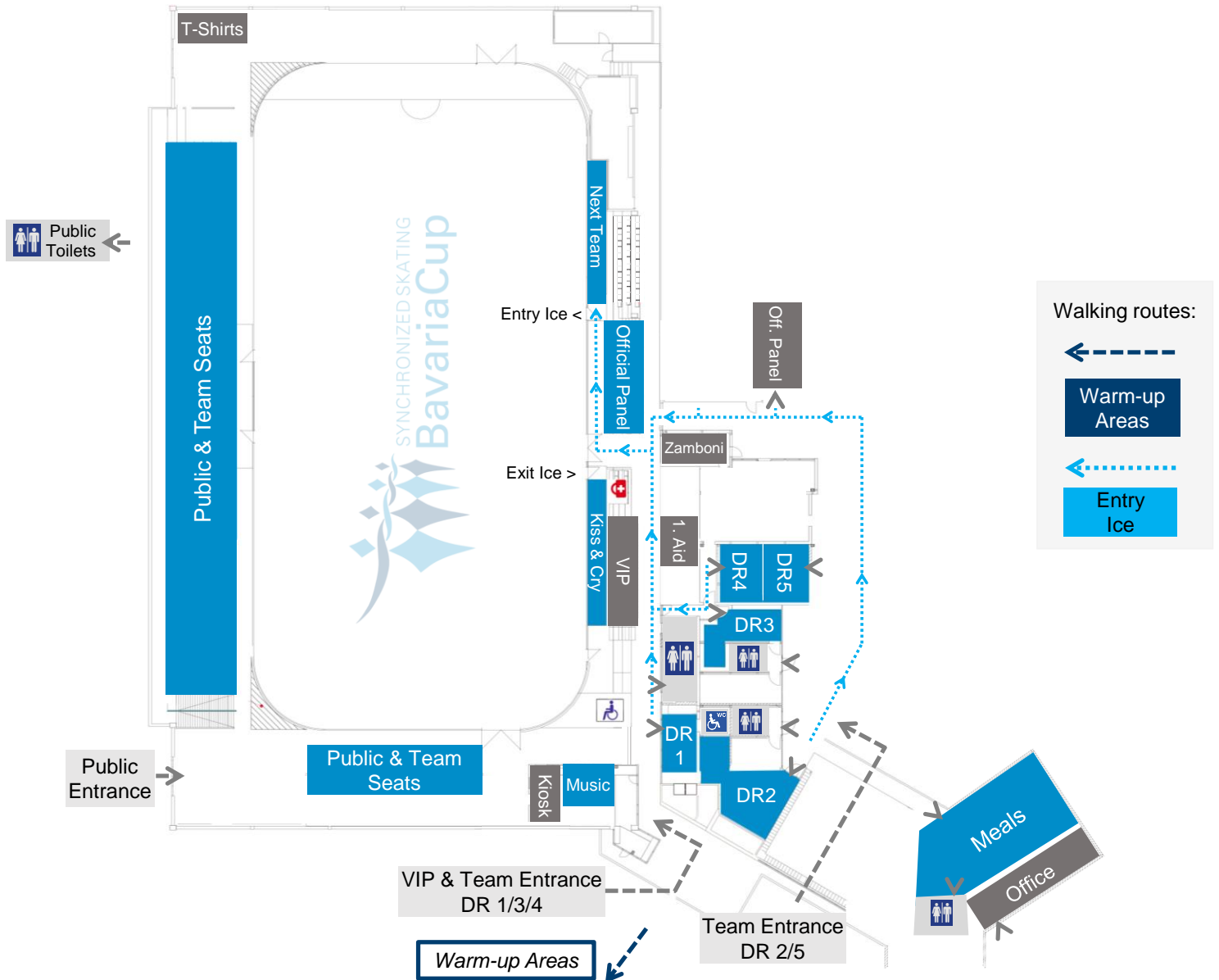
Please make sure to always keep your belongings with you, as these designated spaces shall be used by many teams and are not to be used as a storage place. We ask for your understanding that if this is the case, our volunteers will put these things aside. Rooms and spaces are to be shared by more (!) than one team.

Warm-up areas:

There are 4 warm-up areas (WU) in a heated tent. All areas are signposted. The warm-up spaces are designated as such and assigned in the detailed schedule. Please do not use big boom boxes in respect for the other teams! Or at least talk to your fellow coaches about the usage of loud music. Please check the walking route how to get to the warm-up areas. We recommend: If the weather conditions allow it, you can use the space outside. Upon good weather it is also permitted to use the swimming pool ("Freibad") surroundings. But please note it is in the team manager's or coaches' responsibility to supervise their group during the stay there. **It is not permitted to be near/in the water pools.** There will be no extra guard from ESC Höchststadt.

Dressing rooms:

There are 5 dressing rooms (DR). Please check the following plan, which gives you an overview of the whole ice rink and the walking routes how to get to the ice entry. Please note: DR 1/3/4 use the main entrance of the ice rink (“Eisstadion”). For DR 2/5, please use the main entrance for the outdoor swimming pool (“Freibad”), as you can see in the following picture. Mirrors are provided in every dressing room.



Officials and judges:

The official panel is located on the east side of the rink, next to the Zamboni entrance. There will be a heated room for judges and technical panel on the backside of the panel places. The composition of the official Panel will be published on the homepage/app.

Official practice:

Pre-Juvenile, Juvenile, Non ISU Basic Novice and Adult Teams team will be allowed a 10 (ten) minute period of official practice ice. Mixed Age and Junior teams will be allowed an 11 (eleven) and Senior Elite 12 teams a 12 (twelve) minute period for their official practice ice for their free skating. Junior and Senior Elite 12 teams will be allowed a 10 (ten) minute period for their official practice ice for their short program. No other music but short program and free skating music will be played during the official practice segments. Once the music has started (after 2 (two) minutes at the latest) it will be played through in its entirety with no interruption. The music will be played twice during each official practice session. (Music will start for the first time no later than 2 minutes after the start of the practice and for the second time, no later than 6 minutes (7 min for Mixed Age/Junior/Senior Elite 12 teams free skating practice) after the start of the practice.

Opening ceremony on ice:

The main opening ceremony will take place on ice on Saturday, March 23 at 15:40. Every team (all teams competing on Saturday & Sunday!) may appoint no more than 2 skaters to take part in the ceremony. Please meet at the Zamboni entrance at 15:25 latest. Every team receives a sign with their team name on it. All teams will enter the ice sorted as follows: by country (English A-Z) and by team name (A-Z). Please hand the sign back to the volunteers when you exit the ice after the ceremony (we will distribute them again at the award ceremony).

There will be a small opening ceremony on Sunday, March 24 at 14:30 as well including a small show and the presentation of the flags.

Award ceremony:

The first three places of each category will receive awards. Each team will be handed a certificate and each skater receives a medal. The podium at the award ceremony will be on the north side of the ice rink. Please enter the ice from the south and east side when the ceremony begins. All teams please line up by category in rows of two skaters. On the ice you will find skaters with signs for the respective category. There you will be handed out your team signs again. Due to the current space conditions caused by the modernization of the ice rink, we are unfortunately unable to hold an additional award ceremony for the younger skaters this year in advance and hope for your understanding. **After the award ceremony on Saturday, we will present thank-you fireworks in the outdoor pool area. Please come to the area of the DR2/DR5 on the east side of the ice rink/the entrance area of the swimming pool. The teams from Saturday and Sunday are of course invited, as well as all guests.**

Party on ice:

We invite you to celebrate the day with the whole synchro family on ice at the "Party on ice" following the award ceremony on both days and at the fireworks on Saturday.

Fotos:

To make your memories last we will provide a fotobox for you at the main entrance for the outdoor swimming pool ("Freibad"). All pictures will be uploaded to the homepage afterwards and can be downloaded there for free. During the competition and the award ceremony, pictures will be taken by a professional photographer. He will publish these on his Flickr account: <https://www.flickr.com/photos/139189681@N08/albums>

Liability and publicity waiver:

In accordance with ISU rule 119 p2, the ESC e.V. (organizer) accepts no liability for injury or damage sustained by competitors or officials. The organizer will not provide participant insurance coverage for the event. The organizer will provide emergency medical services for all participants during the competition and official practice.

Each individual waives any and all rights to financial refund or other compensation for the use and reproduction of their images or likeness, and grants permission to the OC of the competition to use the same prior to, during and following the Bavaria Cup in Höchststadt a.d. Aisch, Germany.

In addition for this year, we would also like to point out, that it is not permitted to walk through the designated construction site areas around the ice rink building outside. ESC Höchststadt as the organizer of the Event does not assume liability in this case.

Event schedule:**Friday, March 22nd, 2024**

11.30 - 20.30	Unofficial practice ice	Ice rink Höchststadt a.d. Aisch
18.00	TC and Referee's meeting	Landgasthof Scheubel
19.00	Officials dinner	(Hauptstraße 1, 91350 Gremsdorf)

Saturday, March 23rd, 2024Official practice ice

07.40 – 08.30	Pre-Juvenile
08.50 – 10.50	Juvenile
11.10 – 14.10	Adult
14.10 – 14.30	Adult (ISU)
14.50 – 15.10	ISU Junior - SP
15.10 – 15.20	ISU Senior Elite 12 - SP

Competition

15.40 – 15.55	Opening ceremony
16.15 – 16.45	Pre-Juvenile
17.05 – 18.25	Juvenile
18.45 – 20.40	Adult
20.40 – 20.50	Adult (ISU)
21.10 – 21.25	ISU Junior - SP
21.25 – 21.30	ISU Senior Elite 12 - SP
21.40	Award Ceremony

afterwards Fireworks**Sunday, March 24th, 2024**Official practice ice

07.40 – 09.30	Non ISU Basic Novice
09.50 – 13.25	Mixed Age
13.45 – 14.10	ISU Junior - FP
14.10 – 14.20	ISU Senior Elite 12 - FP

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14.30 – 14.40	Small Opening ceremony
15.00 – 16.15	Non ISU Basic Novice
16.35 – 18.50	Mixed Age
19.10 – 19.25	ISU Junior - FP
19.25 – 19.35	ISU Senior Elite 12 - FP

19.45 Award Ceremony

Contact:

Organizing committee:

- Mail: info@bavariacup.eu
- Nadja Müller: +49 172 8131469
- Trixi Meier: +49 176 55595008

Bavaria Cup Volunteer management (Sven Berwein):

- +49 157 36287926

Emergency call:

- Germany (EU): 112

Taxi:

- Taxi Max: +49 9193 9214

Thank you for your participation in the 2nd Bavaria Cup 2024!



The pictures/videos will be available on the homepage after the competition.

We hope you had a successful competition and a great day in Höchstadt and we hope to see you again next year for the 3rd Bavaria Cup 2025.

So stay tuned!

You will still find the latest information on social media and on the homepage and we will stay in contact with you.

We wish all teams an injury-free summer season!

See you soon somewhere in the synchro world:

Nadja, Trixi, Suse, Claudia & Mareen